



ALONG THE BYLINE

Alpha Kappa Alpha Sorority, Inc. 1908 Epsilon Omega Chapter 1921



January 2010

Volume 43, Number 1

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SPECIAL MEETING DATE AND TIME

Next Chapter Meeting
January 16, 2010
1 p.m.

Following the Annual Meeting of the EO Foundation



Message from the Basileus

Dear Sorors:

Happy New Year! Special thanks to the outgoing officers. I am excited about working with our new officers to move Epsilon Omega forward. Many thanks to Soror C. Edith Booker, our former North Atlantic Regional Director, who conducted an exceptional installation. As a special "thank you," we presented her with a beautiful bouquet of pink roses.

Pink roses to the History Committee for their celebration of Epsilon Omega's 88th birthday. Eating Together celebrated their 3rd Annual Holiday party. Thanks and pink roses to the Soror Wynola, Soror LaVerne and all of the Eating Together volunteers.

We are in the 4th and final year of our ESP program, please sign up for committees for 2010. The form is on page 11. Your input, ideas and suggestions are always welcome.

In January 2010, our chapter meeting will be held on January 16, 2010, at 1 p.m. and our Martin Luther King Day of Service Project is to collect 102 pounds of canned goods. Please bring canned goods to the January meeting.

Chapter officers, committee chairs and co-chairs, please make your calendars for the Chapter Operations Workshop on Monday, February 1, 2010, at 6 p.m.

Please note that early registration for the North Atlantic Regional Conference ends January 30, 2010.

Alpha Kappa Alpha Sorority, Incorporated will be 102 years old on January 15 and our legacy continues. Thank you Sorors for all you do for EPSILON OMEGA!

Sisterly,
Soror Angela

Vision & Mission

Epsilon Omega Chapter will be recognized as a viable, dynamic, positive force in Baltimore that impacts the community educationally, politically and culturally. We will have an informed, committed, dedicated and spirited membership.

It is the mission of the Epsilon Omega Chapter to provide consistent and effective services to its members, civic organizations and local, national and international communities to improve the quality of life for all whom we serve.

Epsilon Omega Executive Committee

Basileus

Soror Angela C. Gibson

Anti-Basileus (Program)

Soror E. Francine Stokes McElveen

Anti-Basileus (Operations)

Soror Joann R. Barber

Grammateus

Soror Sheila E. Tidline

Anti-Grammateus

Soror Francina C. Spencer

Tamiouchos

Soror Sylvia Burke

Anti-Tamiouchos

Soror Virginia B. Vauls

Pecunious Grammateus

Soror Jan W. Carter

Anti-Pecunious Grammateus

Soror Barbara Y. Howard

Epistoleus

Soror Michelle A. Byers

Philacter

Soror Emma J. Hamlin

Anti-Philacter

Soror Rita S. Johnson

Hodegos

Soror Tonja Ringgold

Ivy Leaf Reporter

Soror Shaletta D. Espie

Parliamentarian

Soror E. Francine Stokes McElveen

Anti-Parliamentarian

Soror Edmonia T. Yates

Historian

Soror Cardrienne P. Griffin

Standards

Soror Barbara A. Burgess

Graduate Advisors

Alpha Delta (Morgan)- Soror

Adrienne Stokes-Orange

Epsilon Kappa (Coppin)- Soror

Karen P. Foster

Xi Tau (Johns Hopkins) - Soror Lois

D. Knight-Harrison

Members-at-Large

Soror Cecelia Carroll

Soror Odessa Dorkins

Soror Reather F. Green

Soror Edna Y. Rich

Foundation President

Soror Evelyn C. McLeod

Immediate Former Basileus

Soror Cheryl L. Frazier

Chapter Song



(Tune: "Moonlight and Roses," by
Lemare, Black, Moret)

I

Epsilon Omega,
The chapter that we
all love.

Epsilon Omega,
The chapter we're
proudest of.

Alpha Kappa Alpha,
A sisterhood noble
and true.

Alpha Kappa Alpha,
Our hopes are in you.

II

We pledge devotion,
In all that we try to do.

From ocean to ocean,
We seek to honor you.

One thought, one purpose,
United in spirit we stand.

Epsilon Omega,
The best in the land.

Message from Anti- Basileus—Program

Dear Sorors:

I certainly hope that each of you had a very Merry Christmas and the opportunity to relax, reflect and rejuvenate your hearts, minds and spirits as you welcomed in the New Year.

It is certainly hoped that in the New Year we shepherd in a new commitment to Epsilon Omega and the community. You have my full commitment to ensure that we embark upon renewed efforts to partner with other organizations and to become actively engaged in a meaningful way that enhances our mission to "be of service to all mankind."

We will begin 2010 with the Martin Luther King Service Project. On behalf of Epsilon Omega Chapter, I am requesting all Sorors to bring canned goods to the January 16, 2010, Chapter meeting. It is our hope to collect 102 pounds of food to donate to a local shelter.

In 2010, let the watchword be "service."

Sisterly,

Soror E. Francine

Inclement Weather Notice

Chapter meetings and meetings of the Executive Committee shall be postponed when Baltimore City places Phase II of the Snow Emergency Plan in operation.

Scoop Sheet Deadline

To ensure the timely distribution of *Along the Byline*, no scoop sheets will be accepted later than **Monday, January 19, 2010**. Please return your scoop sheet to Soror Shaletta Espie at shaletta76@hotmail.com or 5717 Willowton Avenue, Baltimore, Maryland 21239.

Special thanks to the PR/Publicity Committee: Sorors Cecelia Carroll, Joi Carter, Deidre Cherry, LaJerne Cornish, Elizabeth Craig, Caprisa Hooper, Cylia Lowe, Anne Roberts, Lillye Wells and Janet Woolridge.

2010 Founders' Day Celebration

Preserving Strength, Commitment and Exemplary Womanhood

Soror Karen Miller, Chair

Soror Adrienne Stokes Orange, Co-Chair

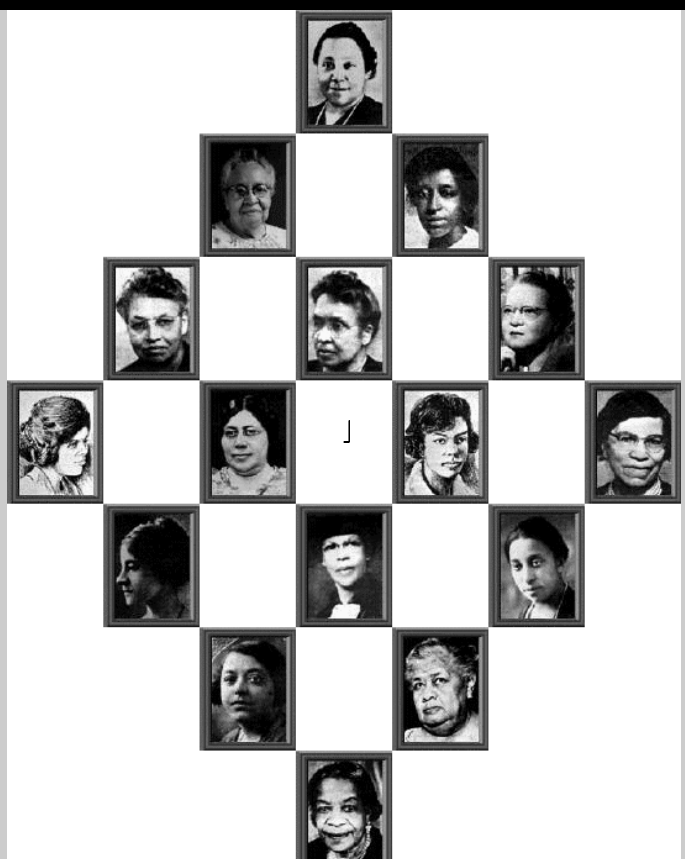
Saturday, February 20, 2010

11 a.m. - 3 p.m.

Hilton Baltimore

401 W. Pratt Street

Baltimore, Maryland 21201



**Live Performance from
National Jazz Recording Artist
Maysa Leak of Incognito**



**Chapter Awards and Soror
Recognitions Presented**



**Tickets - \$75
(Includes Parking)**



**Tickets Available
at the January and February
Chapter Meetings**

Founders' Day Worship Service

Sunday, February 21, 2010

9 a.m.

The City Temple of Baltimore Baptist Church

317 Dolphin Street

Baltimore, MD 21217

Announcements and Tidbits

Bus to NARC Regional Conference

If you are interested in travelling on the EO bus to the regional conference, please contact Esther Bailey ASAP. Forty-five Sorors are needed to secure a bus.

A Message to Committee Chairs

All committee chairs should communicate with the Anti-Basileus overseeing your committee, as well as the Basileus when meetings and activities are being planned and executed.

Telephone Contact

The Basileus is the first contact when there is a death in a Soror's family. Sorors will be notified when there is a death of a Soror or a spouse, mother, father or child of a Soror.

Women's History Month

In celebration of Women's History Month in March 2010, the History Committee is planning with the theme, "Writing Women Back into History." The Committee will focus on the accomplishments of Soror Vivian Carter Mason, the first Basileus of Epsilon Omega Chapter and the third North Atlantic Regional Director. They are also giving Sorors the opportunity to "write" their fellow Sorors into history by nominating a Soror(s) in recognition of her community and sorority service. Please submit a description of the nominee's service and a photo to Sorors Sylvia Johnson or Lois Waters. Nominees will be displayed at the Ivy Family Support Center until March 2010.

Our Prayers are Needed

Please whisper a prayer for the following Sorors: Louise Sherard, Roselind Lee and Idell Pugh.

Thank You Letter

The Collington Square Non Profit Corporation, Inc., wishes to thank the members of the Baltimore City Chapter of the Alpha Kappa Alpha Sorority for the generous contributions that were made to the residents of the Mattie B. Uzzle Emergency Shelter for women and children.

We feel that your participation and support made our residents feel as if Christmas came on Saturday, November 21, 2009-the Day of Hope.

On behalf of our residents and staff we want to thank each member of your sorority for taking the time to visit with us and share items with those that are less fortunate. Every item donated is being used by our residents.

Again, thank you for your contributions given on behalf of the Alpha Kappa Alpha Sorority to assist the residents of the Mattie B. Uzzle Emergency Shelter. The sorority has certainly displayed acts of love and generosity.

With Warm Regards,
Soror Dr. Jewel Gray

2010 Chapter Dues

- Regular Members - \$250
- Golden Sorors - \$230
- Life Members - \$160
- Golden and Life Members - \$140
- North Atlantic Regional Conference Assessment - \$75
- Foundation Assessment - \$200 (A separate check must be written payable to the Epsilon Omega Foundation.)

Along the Ivy Vine

It's a First for Soror Agnes Edwards!



On December 6, 2009, Soror Agnes welcomed her first grandchild. Mr. and Mrs. Kyle Edwards (Soror Lynette) are the proud parent of Kyle Jr. Little Kyle weighed 5 lbs., 5 oz. and was 18 1/2 inches long. Mom, Dad and baby are all fine.

Congratulations to Soror Nora King

Soror Nora recently retired from the Baltimore City school system after 40 years of service.

Did You Know? *Epsilon Omega History*

Soror Vivian Carter Mason was installed as the first Chapter Basileus of Epsilon Omega in 1921. Soror Nellie M. Quander, AKA Incorporator, and Soror Evelyn Lightner, Basileus of Alpha Chapter, performed the installation.

Epsilon Omega awarded its first scholarship to a high school student to Enolia (Pettigew) McMillian, who later became the first Female National President of the National Association for the Advancement of Colored People (NAACP).

Chapter News

Baby Shower for My Sister's Place Huge Success *Sorors, Thank Your for Your Donations and Support*



Baby Shower Organizers—Sorors Annamaria Joyner and Odessa Dunston

EO Inducts New Executive Committee Members *Alpha Delta and XI Tau Newly Elected Officers Also Inducted*



Former NARC Regional Director, Soror C. Edith Booker, Helped Celebrate EO's 88th Birthday



Sorors C. Edith Booker, Angela Gibson and Cardrienne Griffin

Sisterly Yours Group Hostess Schedule

January 2010

Group 8
Soror Edna Rich
Soror Karen Foster

February 2010

Group 9
Soror Virginia Clark
Soror Shirley Johnson

March 2010

Group 10
Soror Margaret Shipley
Soror Gwen Statham

April 2010

Group 1
Soror Jan Carter
Soror Lillian Jackson

May 2010

Group 2
Soror Joann Carpenter
Soror Geraldine Curry

June 2010

Membership Committee
Soror Patricia Scott

Soror Edna Rich

September 2010

Group 3
Soror Venciedora Kane
Soror Courtney Suggs

October 2010

Group 4
Soror Ivy Gates-Smith
Soror Ruby Coleman

November 2010

Group 6
Soror Erica Waters
Soror Pinkie Daniels

December 2010

Group 7
Soror Joan Stevenson

January 2011

Group 7
Soror Mary Ellen Smackum
Soror Adeline Hutchinson



Soror, Can You Spare Some Change?



The History Committee will collect pennies, nickels, dimes and quarters at each Chapter meeting to benefit the House of Ruth, the nation's leading domestic violence center that helps thousands of battered women and their children find safety and security that so many of us take for granted.

Alpha Kappa Alpha Sorority, Incorporated
79th North Atlantic Regional Conference
 The Gaylord National Resort & Convention Center • National Harbor, Maryland • 20745
 March 24 - 28, 2010

"The North Atlantic Region: A Tradition of Excellence, Success, and Progress"

SOROR CONFERENCE REGISTRATION FORM

PLEASE TYPE OR PRINT LEGIBLY, COPIES ARE AVAILABLE ELECTRONICALLY

LAST NAME:											FINANCIAL CARD NO.										
FIRSTNAME:																					
ADDRESS:																					
CITY:																STATE:					
ZIP CODE:																					
TELEPHONE NUMBERS:	HOME:										CELL:										
E-MAIL ADDRESS:											CHAPTER:										

Check all that apply:

- | | | | | |
|--------------------------------------|--|---------------------------------------|---|--|
| <input type="checkbox"/> Delegate | <input type="checkbox"/> Undergraduate | <input type="checkbox"/> Diamond | <input type="checkbox"/> Current Directorate Member | <input type="checkbox"/> First Time Attendee |
| <input type="checkbox"/> Alternate | <input type="checkbox"/> General Member | <input type="checkbox"/> Golden Soror | <input type="checkbox"/> Former Directorate Member | <input type="checkbox"/> Honorary Member |
| <input type="checkbox"/> Graduate | <input type="checkbox"/> Graduate Advisor | <input type="checkbox"/> Silver Star | <input type="checkbox"/> Basileus | |
| <input type="checkbox"/> Life Member | <input type="checkbox"/> Special Guest/VIP (Invited by the Regional Director Only) | | | |

Please indicate your meeting selection(s):

- | | | | | | |
|---|--|------------------|------------------------------|------------------------------|------------------------------|
| <input type="checkbox"/> First Timer's Forum | <input type="checkbox"/> Basilei /Graduate Advisor's Chat & Chew | Workshops | 1st choice | 2nd choice | 3rd choice |
| <input type="checkbox"/> Graduate Advisor Institute | <input type="checkbox"/> Ethel Hedgeman Lyle Academy | Session 1 | _____ | _____ | _____ |
| | | Session 2 | _____ | _____ | _____ |

Data for Transportation Planning Purposes
 (Please check a box for all 5 sections)

- Transportation Mode:** Car Plane Bus Train
- Arrival Day:** Wed. Thur. Fri. Sat. **Departure Day:** Fri. Sat. Sun.
- Arrival Time:** morning afternoon evening **Departure Time:** morning afternoon evening

REGISTRATION /ACTIVITY FEES	Price	Qty	Amt. Remitted
Graduate (Includes ONE of these events, please select → <input type="radio"/> Awards Gala OR <input type="radio"/> Pink Tea Rose Lounge)	\$150.00		
Undergraduate (Includes Undergraduate Luncheon Ticket)	\$ 85.00		
Undergraduates ONLY (please select → <input type="radio"/> Awards Gala OR <input type="radio"/> Pink Tea Rose Lounge)	\$100.00		
Champagne Bus Tour	\$ 30.00		
Marjorie H. Parker Leadership Luncheon (open to public)	\$ 75.00		
EAF Casino Night (open to public)	\$ 50.00		
Moonlight Cruise / AKA Boat Ride	\$ 60.00		
Undergraduate Luncheon (open to public)	\$ 75.00		
Comedy/Talent Step Show (maximum of 3 tickets)	\$ 30.00		
Effervescent SophistAKA Ted Party – After Step Show (open to public)	\$ 35.00		
Diamond, Golden, & Silver Star Luncheon (open to public)	\$ 75.00		
Gospel Brunch (open to public)	\$ 80.00		
Hard Copy of Souvenir Journal (Note- A NARC Souvenir Journal CD is included in the Registration Fee)	\$ 25.00		
Graduate Advisor's Certification Materials	\$ 50.00		
Emerald Club Partnership (Please complete enclosed form)	\$500.00		
Pink Pearls Club Partnership (Please complete enclosed form)	\$300.00		
NARC Short Sleeve Tee-Shirt (indicate quantity for each size)	\$ 20.00		
COLOR: BLACK (S) ___ (M) ___ (L) ___ (XL) ___ (2X) ___ (3X) ___ (4X)___	(S,M,L,XL)		
COLOR: PINK (S) ___ (M) ___ (L) ___ (XL) ___ (2X) ___ (3X) ___ (4X)___	\$ 22.00		
	(2X, 3X, 4X)		
NARC Long Sleeve Tee-Shirt (indicate quantity for each size)	\$ 21.00		
COLOR: BLACK [ONLY] (S) ___ (M) ___ (L) ___ (XL) ___ (2X) ___ (3X) ___ (4X)___	(S,M,L,XL)		
	\$ 23.00		
	(2X, 3X, 4X)		
Late Registration Fee: For Registrations postmarked after January 30, 2010. Late Registration closes on February 15, 2010. Registrations postmarked after this date will be returned to the sender.	\$ 75.00		
TOTALS			

ON-LINE REGISTRATION, CERTIFIED CHECK, CASHIERS CHECK, OR MONEY ORDER ONLY

MAKE PAYABLE TO: Alpha Kappa Alpha North Atlantic Region

MAIL TO:

2010 NARC
 Registration Committee
 P.O. Box 366
 Oxon Hill, MD 20750

Alpha Kappa Alpha Sorority, Incorporated
79th North Atlantic Regional Conference
The Gaylord National Resort & Convention Center • National Harbor, Maryland • 20745
March 24 - 28, 2010

"The North Atlantic Region: A Tradition of Excellence, Success, and Progress"

Conference Hotel Information

- Hotel Registration Opens on **December 17, 2009 at 9:00am EST.**
- All Registrations made before December 17, 2009 will be cancelled.
- Be sure to request the rates and availability for the **AKA** or **Alpha Kappa Alpha** Conference.
- If interested in a suite, you **MUST** contact the Regional Director between December 17, 2009 and January 15, 2010

Hotel I

The Gaylord National Resort & Convention Center

201 Waterfront Street
National Harbor, Maryland 20745
<http://www.gaylordhotels.com/gaylord-national>
1-301-965-2000
A Non Smoking Hotel

Rates (plus taxes and fees)

Single/Double	\$272.00 per night
Triple	\$292.00 per night
Quad	\$312.00 per night
*Gaylord Parking	\$ 16.00 per day
Check-In Time	3:00 p.m.
Check-Out Time	12:00 noon

**In and Out Parking Allowed*

Hotel II - Undergraduate Sorors ONLY

Marriott Residence Inn

192 Waterfront Street
National Harbor, Maryland 20745
<http://www.marriott.com/hotels/travel/wasnh-residence-inn-national-harbor-washington-dc/>
1-301-749-4755
A Non Smoking Hotel

Rates (plus taxes and fees)

Single/Double	\$ 169.00 per night
Check-In Time	3:00 p.m.
Check-Out Time	12:00 noon

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Workshops

WK 01 Making ESP Work: Information will be shared on Best Practices, resources and partnerships supporting the Heart of ESP: An Extraordinary Service Program and provide suggestions for engaging sorors and assisting chapters on sustaining ESP Platform initiatives through 2010 and transitioning successful program initiatives beyond the current administration.

WK 02 Chapter Finances 101: Keep your chapter finances in order and report financial information to the national office. Know the reports required to comply with the national office, including understanding the need to electronically submit per capita and other fees.

WK 03 Welcome to the Good Life - Undergraduates-New Initiates Only (March 09-Present): Are you a recently initiated member of Alpha Kappa Alpha? Come join the Undergraduate Activities Committee for a workshop designed just for you. We will review essential information for new initiates and then will have time for open discussion and Q&A with UAC leadership.

WK 04 Making the Connection Count: Building Coalitions: This workshop is a "how to." It will provide you with methods to select supportive partners and the process on how to build a working coalition.

WK 05 Constitution ESP: This workshop session is highly recommended for chapter officers and parliamentarians. The session is designed to enhance sophistication with our keystone documents. Be sure to bring your current Constitution and Bylaws and Manual of Standard Procedure.

WK 06 Standards: Excellence After The Evaluation: This workshop will show chapters how to remain Alpha Kappa Alpha compliant after the Evaluation by using the proper tools and procedures.

WK07 Career Women Striving To Have It All: A Discussion of Pressure, Priorities and Realities- How do you manage all the demands on your personal and professional life without sacrificing important elements in both areas? This two-tiered workshop will provide strategies that "Go-To" Sorors have used to successfully negotiate their personal commitments.

WK 08 Conference and Event Planning: An overview of how to properly make a Request for Proposal (RFP), engage in effective Contract Negotiations, and the pro's and con's of Hotels vs. Convention Centers.

WK 09 Knowing Your Rituals: Alpha Kappa Alpha has revised her rituals. Attend this practicum to cover step by step guidance to execute our ceremonies as intended.

WK 10 Protocol 101: Essential Sorority Protocol Understanding the Basics of Alpha Kappa Alpha Protocol: The session will review basic information all sorors should know. Topics will include the Soror Code of Ethics, appropriate attire, chapter decorum, correct terminology, and more! All attendees should bring their current Official Guide to Alpha Kappa Alpha Protocol.

WK 11 Membership Models for Success: "This is It." (Undergraduates): This interactive workshop will offer a thorough review of MIP including completion of forms, evaluation feedback, resource documents, and frequently asked questions.

WK 12 How to Be an EAF Ambassador: This workshop presentation will include information on the EAF mission, responsibilities of the EAF Chapter Captain, creative ways of fundraising for EAF, individual levels of giving, EAF programs and initiatives, Chapter Scholarship Endowment Programs, workplace matching gifts, and allow time for questions and answers.

WK 13 Get With The Program: Programming on the Collegiate Campus (Undergraduates): Having trouble keeping members motivated and participative in programs? Curious how to market your programs effectively on the campus and within academic departments? Have great program ideas you want to share? Come learn how to develop new programs that will keep your members engaged and your campus excited for each new flyer you put up!

WK 14 Simply the Best: Excellence in Strategic Preservation: It's "Show Me" time in archiving, and two chapters (one undergraduate and one graduate), which best embody Excellence in Strategic Preservation, will not only walk away with the North Atlantic Regional crown, but will also represent the North Atlantic Region in the National competition. In addition to witnessing this showcase of models of excellence, you will also help your Archives team make the final determination of which projects and practices merit distinction as North Atlantic's designation as "Simply the Best."

WK 15 Protocol 102: Exemplary Sorority Protocol - Beyond the Basics: This interactive workshop will include simulations that will cover introductions, dais seating and the holding room, gifts and courtesies, and protocol responsibilities during Regional and National meetings. This session is open to all sorors. All attendees should bring their current Official Guide to Alpha Kappa Alpha Protocol.

WK 16 Parliamentary Procedures: If managing time, participation, and business of your chapter during meetings tend to get out of control...This workshop is for you! This workshop will take you beyond the written words of parliamentary procedures by presenting situations for practice and application.

WK 17 Membership Models for Success: "This is It." (Graduates): This interactive workshop will offer a thorough review of MIP including completion of forms, evaluation feedback, resource documents, and frequently asked questions.

WK 18 Board Responsibility/Code of Conduct: Leadership is an action, not a "position." As a part of the leadership development and certification program, this session provides information regarding the duties, responsibilities, and code of conduct of a board member of Alpha Kappa Alpha Sorority, Incorporated.

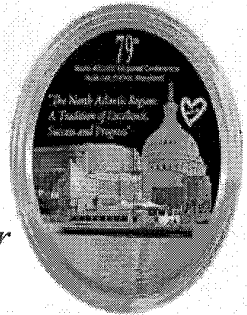
WK 19 Making ESP Work: Information will be shared on Best Practices, resources and partnerships supporting the Heart of ESP: An Extraordinary Service Program and provide suggestions for engaging sorors and assisting chapters on sustaining ESP Platform initiatives through 2010 and transitioning successful program initiatives beyond the current administration.

WK 20 Communication: Every Source Penetrated: This workshop will provide effective strategies on how sorors can penetrate the media network to help transmit their message. The session will also provide valuable tips on how to form a partnership with the media that will help in their publicity mission at the chapter, cluster and regional levels.

WK 21 Alpha Kappa Alpha Sorority, Inc. Through the Years: A Competitive History Trivia Game 1908-2009 (For Chapter Winners Only): To travel around the 20 pearls Ivy Leaf game board to identify the soror who knows the most about the sorority's history. Only chapter winners can participate in this session.

Enthusiastically Serving Pediatrics

The North Atlantic Region is reaching out to 2,010 families of children in need of Extra Special Pediatric care at Children's National Medical Center



Children's National Medical Center (CNMC), the only exclusive provider of pediatric care in the Washington, DC Metropolitan area for the last 130 years is a proven leader in the development and application of innovative new treatments for childhood illness and injury. CNMC, ranked among the top Children's Hospitals in America by U.S. News and World Report, has a nationally and internationally recognized staff of pediatric healthcare professionals.

Children's National Medical Center, one main hospital and many regional outpatient centers, delivers sophisticated care to thousands of families throughout the region, around the world, and in neighborhoods in the North Atlantic Region including:



- Children's National Medical Center - Main Hospital, Washington, DC
- Children's Outpatient Center - Annapolis, MD
- Children's Outpatient Center - Laurel, MD
- Children's Outpatient Center - Spring Valley, Washington, DC
- Children's Outpatient Center - Upper Marlboro, MD
- Children's Outpatient Center - Rockville, MD
- Children's Outpatient Center - Northern Virginia, Fairfax, VA

Due to the unique and innovative treatment offered by CNMC, there are a number of families who spend a great portion of the year as CNMC hospital residents. These families often experience a drastic change in their normal everyday routines as well as their financial resources. The families and patients depend on support from organizations like Alpha Kappa Alpha Sorority, Inc.

The North Atlantic Region has a goal to reach out to 2,010 families during their time of need. Sorors and Chapters are asked to **bring the following items to the 2010 North Atlantic Regional Conference:**

- **E**ssential items: new children undergarments (for children of all ages and sizes, newborn through XXL)
- **S**tored value cards: phone cards, retail and grocery store gift cards (i.e. Giant, Safeway, Walmart, Target)
- **P**ersonal care kits: toothbrush; toothpaste; shave cream; razors; soap; deodorant; small bottles of hand lotion, shampoo, conditioner

Project Coordinators:

Soror Melvenia Wright (queaka@verizon.net) & Soror Lezell Murphy (LWMurAKA@hotmail.com)

All items will be donated to Children's National Medical Center

Stored value cards (gift cards) may also be mailed to: 2010 NARC • P.O. Box 366 • Oxon Hill, Maryland 20745
(*MUST be postmarked by Friday, March 12, 2010*)

Happy Birthday!



January 1

- Soror Ruth Brown
- Soror Roselyn Hammond
- Soror Tahira Rooks

January 4

- Soror Shaletta Espie

January 5

- Soror Tangela Richardson

January 6

- Soror Shirley Stills

January 8

- Soror Phillis Doggett

January 10

- Soror Norma Taylor

January 11

- Soror Andrea Kidd Taylor
- Soror Joan Stevenson

January 14

- Soror Ann Barnes-Mobley

January 15

- Soror Gladys Reed

January 17

- Soror Nora King

January 20

- Soror Clara Adams
- Soror Corliss Alston

January 25

- Soror LaJerne Cornish
- Soror Carmen Maxwell

January 26

- Soror Yolanda Barber

January 28

- Soror Trebbie Dickerson
- Soror Geraldine Dorsey

January 29

- Soror Lillie Myers

January 30

- Soror Emily Roberts

Foundation News

Message from the EO Foundation President

Dear Sorors:

The Board of Directors of Epsilon Omega Foundation requests your presence at the Annual Meeting, Saturday, January 16, 2010. There will be a continental breakfast from 9:15 a.m. to 9:45 a.m. The business meeting will begin at 10:00 a.m.

This is a very important meeting that you don't want to miss.

The agenda will include the present status of the foundation, the proposed budget for 2010 and the election of officers.

Thank you for your continued support of the Epsilon Omega Foundation.

May you have a happy and prosperous New Year!

Thanks!

Soror Evelyn

Ballot for Election of Foundation Officers

President

Cheryl Frazier
Janet Williams

Assistant Recording Secretary

Carol Robinson

Assistant Financial Secretary

Lisa Foust

Corresponding Secretary

Marcia Martin

Treasurer

Barbara C. Robinson

Two-Year Directors

Audrey Bennett
Crystal Cotton Faison
Shirley Hill
Vivian Holmes

Three-Year Directors

(Serving One-Year of Unfinished Term)

Tonja Ringgold

Gwendolyn Statham

2010 Pink and Green Gala

Dinner • Dancing • Music • Fun

Save the Date



**Saturday,
June 19, 2010**

Open to the Public

Committee Sign-Up Form

Please Complete and Return to Soror Joann R. Barber or Soror E. Francine Stokes-McElveen.

Name:	
Address:	
City, State and Zip:	
Phone Number:	
E-mail:	

(Please Check) I'd like to volunteer to serve on the following:

<u>Program</u>	<u>Operations</u>	
<input type="checkbox"/> AKA Connection	<input type="checkbox"/> Archives	<input type="checkbox"/> Public Relations/Publicity
<input type="checkbox"/> Cultural Arts	<input type="checkbox"/> Audit	<input type="checkbox"/> Retreat
<input type="checkbox"/> Education	<input type="checkbox"/> Awards	<input type="checkbox"/> Scholarship
<input type="checkbox"/> Founders' Day	<input type="checkbox"/> Bylaws	<input type="checkbox"/> Standards
<input type="checkbox"/> Health & Family Living	<input type="checkbox"/> Courtesy	<input type="checkbox"/> Technology
<input type="checkbox"/> History	<input type="checkbox"/> Finance	<input type="checkbox"/> Telephone Contact
<input type="checkbox"/> Holiday Activity	<input type="checkbox"/> Membership	<input type="checkbox"/> Music
<input type="checkbox"/> Joint Chapters	<input type="checkbox"/> Nominating	<input type="checkbox"/> Inspirational Opening
<input type="checkbox"/> Salute to Outstanding Young Women	<input type="checkbox"/> Protocol	

Silent But Deadly: Black Women and Cervical Cancer

The American Cancer Society (ACS) estimates that in 2010 over 12,000 women will be diagnosed with cervical cancer and about 4,500 women will die from this disease in the United States .

While cervical cancer occurs most often in Hispanic women, Black women tend to have poorer, 5-year survival rates and die more often than any other race. Of the number of Black women diagnosed with cervical cancer each year, over 40 percent will die. Cervical cancer tends to occur in midlife, with half of women diagnosed between the ages of 35 and 50. Slightly over 20 percent of women with cervical cancer are diagnosed when they are

over 65. It is important for older women to continue having regular Pap tests at least until age 70, and possibly longer, according to the ACS.

Key risk factors for cervical cancer include smoking, STD infection, diet, long-term use (more than 10 years) of birth control and multiple pregnancies. Although these factors increase the odds of getting cervical cancer, many women with these risk factors do not develop the disease. Cervical cancer may be prevented or detected early by regular Pap tests. If it is detected early, it is one of the most successfully treatable cancers.



Alpha Kappa Alpha Sorority, Inc.
Epsilon Omega Chapter
P.O. Box 67006
Baltimore, Maryland 21215-0005

Save the Date



- **Monday, January 4, 2010**
Chapter Executive Committee Meeting, 6:30 p.m., Ivy Family Support Center
- **Saturday, January 9, 2010**
Regional Director's Leadership Training for Chapter Officers
- **Tuesday, January 12, 2010**
Soror Recognition Forms are Due
- **January 15-18, 2010**
National Day of Service (More information on page 5)
- **Saturday, January 16, 2010**
Annual Meeting of the Epsilon Omega Foundation, 9:15-9:45 a.m. (Continental Breakfast), 10 a.m. (Meeting) Ivy Family Support Center
Chapter Meeting, 1 p.m., Ivy Family Support Center (Special Meeting Date and Time Change)
- **Saturday, January 24, 2010**
Metropolitan Founders' Day, 12 p.m. - 3 p.m., BWI Marriott
- **Monday, February 1, 2010**
Chapter Executive Committee Meeting and Chapter Operations Workshop, 6 p.m., Ivy Family Support Center
- **Saturday, February 13, 2010**
Chapter Meeting, 9:30 a.m. (Continental Breakfast), 10 a.m. (Meeting), Ivy Family Support Center
- **Monday, February 23, 2010**
Foundation Executive Committee Meeting, 6 p.m., Ivy Family Support Center
- **Saturday, February 20, 2010**
Chapter Founders' Day Celebration, 11 a.m. - 3 p.m., Hilton Baltimore (More information on page 3)
- **Sunday, February 21, 2010**
Chapter Founders' Day Worship Service, 9 a.m., The City Temple of Baltimore Baptist Church (More information on page 3)